



## Thursday, April 16, 2026

| Session        | Refresher Courses   | PBLD   | Workshops   | Workshops   | Moderated ePosters                 |
|----------------|---|--|---|---|------------------------------------|
| 6:45 AM        |   |  |   |   |                                    |
| 7:00 AM        | Registration and Breakfast in Foyer   |  |   |   |                                    |
| 7:15 AM        |   |  |   |   |                                    |
| 7:30 AM        |   |  |   |   |                                    |
| 7:45 AM        |   |  |   |   |                                    |
| 8:00 AM        | Welcome and Opening Addresses   |  |   |   |                                    |
| 8:15 AM        | <b>PS-01</b><br>Plenary Session<br><br><b>Thinking Outside the Box with Regional Anesthesia</b> | <b>TICKET</b><br>PBLDs 1-4<br>Problem Based Learning Discussions   | <b>TICKET</b><br>WS-01<br>Hands-on Workshop<br><br><b>POCUS with Our Experts: Upgrading Your Gastric, Lung, Cardiac, and Airway</b> | <b>TICKET</b><br>WS-02<br>Hands-on Workshop<br><br><b>Master Class: Are You Ready to Expand Your Repertoire? US-Guided Forearm/Cutaneous Blocks, Stellate Ganglion Blocks, Pudendal Blocks, Mandibular/PPG Blocks, US Medial Branch Block</b> | <b>MP-01</b><br>Moderated ePosters |
| 8:30 AM        |   |  |   |   |                                    |
| 8:45 AM        |   |  |   |   |                                    |
| 9:00 AM        |   |  |   |   |                                    |
| 9:15 AM        |   |  |   |   |                                    |
| 9:30 AM        |   |  |   |   |                                    |
| 9:45 AM        | Break and Refreshments in Foyer   |  |   |   |                                    |
| 10:00 AM       | <b>PS-02</b><br>Plenary Session<br><br><b>Latest Updates into Current Practice</b>              | <b>TICKET</b><br>PBLDs 5-8<br>Problem Based Learning Discussions   | <b>TICKET</b><br>WS-03<br>Hands-on Workshop<br><br><b>Neuraxial (Including Difficult Spinal) and Paravertebral Blocks</b>           | <b>TICKET</b><br>WS-04<br>Hands-on Workshop<br><br><b>Block Pack: Hip and Knees and Feet</b>  | <b>MP-02</b><br>Moderated ePosters |
| 10:15 AM       |   |  |   |   |                                    |
| 10:30 AM       |   |  |   |   |                                    |
| 10:45 AM       |   |  |   |   |                                    |
| 11:00 AM       |   |  |   |   |                                    |
| 11:15 AM       |   |  |   |   |                                    |
| 11:30 AM       |   |  |   |   |                                    |
| 11:45 AM       |   |  |   |   |                                    |
| 12:00 PM       | Lunch on Own  |  |   |   |                                    |
| 12:15 PM       |   |  |   |   |                                    |
| 12:30 PM       |   |  |   |   |                                    |
| 12:45 PM       |   |  |   |   |                                    |
| 1:00 PM        |   |  |   |   |                                    |
| 1:15 PM        | <b>PS-03</b><br>Plenary Session<br><br><b>Controversies in Regional Anesthesia</b>              | <b>TICKET</b><br>PBLDs 9-12<br>Problem Based Learning Discussions  | <b>TICKET</b><br>WS-05<br>Hands-on Workshop<br><br><b>Block Pack: Everything Abdomen</b>  | <b>TICKET</b><br>WS-06<br>Hands-on Workshop<br><br><b>Block Pack: Clavicles, Shoulders, Arms, and Elbows</b>  | <b>MP-03</b><br>Moderated ePosters |
| 1:30 PM        |   |  |   |   |                                    |
| 1:45 PM        |   |  |   |   |                                    |
| 2:00 PM        |   |  |   |   |                                    |
| 2:15 PM        |   |  |   |   |                                    |
| 2:30 PM        |   |  |   |   |                                    |
| 2:45 PM        |   |  |   |   |                                    |
| 3:00 PM        |   |  |   |   |                                    |
| 3:15 PM        |   |  |   |   |                                    |
| 3:30 PM        | Break and Refreshments in Foyer   |  |   |   |                                    |
| 3:45 PM        | <b>PS-04</b><br>Plenary Session<br><br><b>Neurologic Injury &amp; The Path To Recovery</b>      | <b>TICKET</b><br>PBLDs 13-16<br>Problem Based Learning Discussions | <b>WS-07</b>  | <b>TICKET</b><br>WS-08  | <b>MP-04</b><br>Moderated ePosters |
| 4:00 PM        |   |  |   |   |                                    |
| 4:15 PM        |   |  |   |   |                                    |
| 4:30 PM        |   |  |   |   |                                    |
| 4:45 PM        |   |  |   |   |                                    |
| 5:00 PM        |   |  |   |   |                                    |
| 5:15 PM        | Welcome Networking Reception and Exhibit Hall Grand Opening                                     |  |   |   |                                    |
| 5:15 - 7:15 PM | Welcome Networking Reception and Exhibit Hall Grand Opening                                     |  |   |   |                                    |



# Friday, April 17, 2026

| Session           | Plenary Sessions  |  | Interactive Sessions   | Workshops   | Workshops   | Moderated ePosters |
|-------------------|---|--|--|---|---|--------------------|
| 6:15 AM           |   |  | TICKET   |   |   |                    |
| 6:45 AM           | Non-CME Ancillary Event<br>organized by: TBD<br>(breakfast included)  |  | ASRA Pain Medicine<br>Morning Fun Run<br>(Meet in Hotel Lobby)   |   |   |                    |
| 7:00 AM           |   |  |  |   |   |                    |
| 7:15 AM           |   |  |  |   |   |                    |
| 7:30 AM           | Registration and Breakfast in Foyer   |  |  |   |   |                    |
| 7:45 AM           |   |  |  |   |   |                    |
| 8:00 AM           | PS-05<br>Plenary Session  | TICKET   |  | TICKET  | TICKET  | MP-05              |
| 8:15 AM           | Neuraxial Opioids: How<br>Do They Stack Up to Each<br>Other and Against Other<br>RA Techniques?             | PBLDs 17-20<br>Problem Based Learning<br>Discussions   | IS-01<br>Ask the Experts Interactive<br>Session  | WS-09<br>Hands-on Workshop +<br>Gastric Scanning  | WS-10<br>Hands-on Workshop +<br>Gastric Scanning  | Moderated ePosters |
| 8:30 AM           |   |  | RA in High-Risk Scenarios<br>(Pre-Existing Neurologic<br>Injury, Anticoagulation EG<br>Vascular Surgery, Patient<br>with Poor Respiratory<br>Function for Surgery of<br>Trunk and Above) | Block Pack: Analgesia for<br>the Thorax   | Block Pack: Analgesia for<br>the Abdomen  |                    |
| 8:45 AM           |   |  |  |   |   |                    |
| 9:00 AM           |   |  |  |   |   |                    |
| 9:15 AM           |   |  |  |   |   |                    |
| 9:30 AM           | Break in Exhibit Hall   |  |  |   |   |                    |
| 9:45 AM           | Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room  |  |  |   |   |                    |
| 10:00 AM          |   |  |  |   |   |                    |
| 10:15 AM          | PS-06<br>Plenary Session  | TICKET   |  | TICKET  | TICKET  | MP-06              |
| 10:30 AM          | Acute Pain Management:<br>A Systematic Approach to<br>Systemic Analgesia                                    | PBLDs 21 - 24<br>Problem Based Learning<br>Discussions | IS-02<br>Ask the Experts Interactive<br>Session  | WS-11<br>Hands-on Workshop  | WS-12<br>Hands-on Workshop  | Moderated ePosters |
| 10:45 AM          |   |  | Trunk, Abdomen, and Hip:<br>Fascial Plane vs<br>Paraneuraxial vs Neuraxial-<br>Which Blocks Should I<br>Implement in My Practice<br>and Why?   | Head/Neck, Airway, Spine<br>(Craniotomy, Neck<br>Surgery, V2/V3 Block,<br>Airway, Occipital Nerve,<br>ESP/MBB/Retrolaminar) | Ambulatory Surgery Pack<br>(How to Get Them<br>Discharged: Hemorrhoids,<br>Sports, Hip Scopes, Foot<br>and Ankle, Forearm/Hand) |                    |
| 11:00 AM          |   |  |  |   |   |                    |
| 11:15 AM          |   |  |  |   |   |                    |
| 11:30 AM          |   |  |  |   |   |                    |
| 11:45 AM          |   |  |  |   |   |                    |
| 12:00 PM          |   |  |  |   |   |                    |
| 12:15 PM          | Non-CME Ancillary Event<br>organized by: TBD<br>(lunch included)  |  | Lunch on Own   |   |   |                    |
| 12:30 PM          |   |  |  |   |   |                    |
| 12:45 PM          |   |  |  |   |   |                    |
| 1:00 PM           |   |  |  |   |   |                    |
| 1:15 PM           |   |  |  |   |   |                    |
| 1:30 PM           |   |  |  |   |   |                    |
| 1:45 PM           | Spec-01 Special Session:<br>"Aristotle and AI: Causal Frameworks for Agentic Perioperative Pain Management" |  |  |   |   |                    |
| 2:00 PM           |   |  |  |   |   |                    |
| 2:15 PM           | PS-07<br>Plenary Session  | TICKET   |  | TICKET  | TICKET  | MP-07              |
| 2:30 PM           | Spotlight on Current<br>Affairs   | PBLDs 25 - 28<br>Problem Based Learning<br>Discussions | IS-03<br>Ask the Experts Interactive<br>Session  | WS-13<br>Interactive Demonstration<br>Workshop  | WS-14<br>Hands-on Workshop  | Moderated ePosters |
| 2:45 PM           |   |  | The Challenging Spinal and<br>Epidural: Techniques,<br>Pearls, and Tips for<br>Success (On Placement,<br>Dosing, and Confirmation)   | Trauma Pack (Rib,<br>Fracture, Femur Fracture,<br>Tibia/Fibula Fracture,<br>Radius/Ulna, Humerus<br>Fracture)               | Cardiac and Vascular Pack<br>(AVF, Amputations,<br>Sternotomy,<br>Pacemaker/ICD, Chest<br>Tube/Minithoracotomy)                 |                    |
| 3:00 PM           |   |  |  |   |   |                    |
| 3:15 PM           |   |  |  |   |   |                    |
| 3:30 PM           |   |  |  |   |   |                    |
| 3:45 PM           | Break in Exhibit Hall   |  |  |   |   |                    |
| 4:00 PM           | Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room  |  |  |   |   |                    |
| 4:15 PM           | Membership Meet and Greet   |  |  |   |   |                    |
| 4:30 PM           | PS-08<br>Plenary Session  | TICKET   |  | TICKET  | TICKET  | MP-08              |
| 4:45 PM           | Spinal Anesthesia for<br>Ambulatory Surgery: Tips,<br>Tricks, and Recipes                                   | PBLDs 29 - 32<br>Problem Based Learning<br>Discussions | Shark Tank   | WS-15<br>Hands-on Workshop  | WS-16<br>Hands-on Workshop  | Moderated ePosters |
| 5:00 PM           |   |  |  | Hip Fracture (Difficult<br>Spinal, Neuraxial Scanning,<br>PENG/SIF/Femoral, Basic<br>Cardiac TTE)                           | Block Pack: Elbows and<br>Hand Surgery  |                    |
| 5:15 PM           |   |  |  |   |   |                    |
| 5:30 PM           |   |  |  |   |   |                    |
| 5:45 PM           |   |  |  |   |   |                    |
| 6:00 -<br>7:00 PM | Special Ancillary Session   |  |  |   |   |                    |

# Saturday

| Room 3            |  |   |  |  |  |                             |  |
|-------------------|--|---|--|--|--|-----------------------------|--|
| Session           | Plenary Sessions   | PBLDs   | Interactive Sessions   | Workshops  | Workshops  | Moderated ePosters          |  |
| 6:45 AM           |  |   |  |  |  |                             |  |
| 7:00 AM           | <b>Non-CME Ancillary Event organized by: TBD</b><br>(breakfast included)   |   |  |  |  |                             |  |
| 7:15 AM           |  |   |  |  |  |                             |  |
| 7:30 AM           |  | <b>Getting Started</b>  |  |  |  |                             |  |
| 7:45 AM           | Breakfast, Exhibition, ePosters, ASRA Pain Medicine Chat Room in Exhibit Hall  |   |  |  |  |                             |  |
| 8:00 AM           | PS-09<br>Plenary Session Live Demo<br><br><b>Motor Preserving Blocks-<br/>How Distal Can I Go and<br/>Still Make A Clinical<br/>Difference In Analgesia<br/>(+Live Scanning)</b> | <b>TICKET</b><br>PBLDs 33-36<br>Problem Based Learning<br>Discussions   | IS-04<br>Ask the Experts<br>Interactive Session<br><br><b>Hot Topics in Regional<br/>Anesthesia Education</b>  | <b>TICKET</b><br>WS- 17<br>Hands-on Workshop +<br>Gastric Scanning<br><br><b>Fundamentals of RA:<br/>Resident Workshop</b> | <b>TICKET</b><br>WS- 18<br>Hands-on Workshop<br><br><b>POCUS with Experts:<br/>Cardiac, Gastric, Lung and<br/>Airway</b>   | MP-09<br>Moderated ePosters |  |
| 8:15 AM           |  |   |  |  |  |                             |  |
| 8:30 AM           |  |   |  |  |  |                             |  |
| 8:45 AM           |  |   |  |  |  |                             |  |
| 9:00 AM           |  |   |  |  |  |                             |  |
| 9:15 AM           | <b>Break in Exhibit Hall</b><br>Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room   |   |  |  |  |                             |  |
| 9:30 AM           |  |   |  |  |  |                             |  |
| 9:45 AM           |  |   |  |  |  |                             |  |
| 10:00 AM          |  |   |  |  |  |                             |  |
| 10:15 AM          | PS-10<br>Plenary Session<br><br><b>High Yield Regional<br/>Anesthesia for Special<br/>Populations</b>  | <b>TICKET</b><br>PBLDs 37 - 40<br>Problem Based Learning<br>Discussions | IS-05<br>Ask the Experts<br>Interactive Session<br><b>The Art of<br/>Communication and<br/>Negotiation: Carrying<br/>Meaningful<br/>Conversations with<br/>Your Surgical<br/>Colleagues and the C-<br/>Suite</b> | <b>TICKET</b><br>WS-19<br>Hands-on Workshop<br><br><b>Cryoneurolysis +/-<br/>Peripheral Nerve<br/>Stimulation</b>          | <b>TICKET</b><br>WS-20<br>Hands-on Workshop<br><br><b>Pediatric Block Pack:<br/>Neuraxial, Blocks for<br/>Neurosurgical Cases,<br/>Thoracic and Abdominal<br/>Wall Blocks, PPG</b> | MP-10<br>Moderated ePosters |  |
| 10:30 AM          |  |   |  |  |  |                             |  |
| 10:45 AM          |  |   |  |  |  |                             |  |
| 11:00 AM          |  |   |  |  |  |                             |  |
| 11:15 AM          |  |   |  |  |  |                             |  |
| 11:30 AM          |  |   |  |  |  |                             |  |
| 11:45 AM          |  |   |  |  |  |                             |  |
| 12:00 PM          | <b>TICKET</b>  |   |  |  |  |                             |  |
| 12:15 PM          | Special Event  |   |  |  |  |                             |  |
| 12:30 PM          | <b>Excellence in ASRA Pain Medicine Awards Luncheon</b>  |   |  |  |  |                             |  |
| 12:45 PM          |  |   |  |  |  |                             |  |
| 1:00 PM           |  |   |  |  |  |                             |  |
| 1:15 PM           |  |   |  |  |  |                             |  |
| 1:30 PM           |  |   |  |  |  |                             |  |
| 1:45 PM           | PS-11<br>Plenary Session<br><br><b>New Blocks for Your<br/>Repertoire?</b>   | <b>TICKET</b><br>PBLDs 42 - 43<br>Problem Based Learning<br>Discussions | IS-07<br>Ask the Experts<br>Interactive Session<br><br><b>Anything and Everything<br/>on Extending Block<br/>Duration (Technical<br/>Pearls, Adjuvants, and<br/>Catheters, and Rebound).</b>                     |  |  | MP-11<br>Moderated ePosters |  |
| 2:00 PM           |  |   |  |  |  |                             |  |
| 2:15 PM           |  |   |  |  |  |                             |  |
| 2:30 PM           |  |   |  |  |  |                             |  |
| 2:45 PM           |  |   |  |  |  |                             |  |
| 3:00 PM           | <b>Break and Refreshments in Foyer</b>   |   |  |  |  |                             |  |
| 3:15 PM           |  |   |  |  |  |                             |  |
| 3:30 PM           | PS-12<br>Plenary Session<br><br><b>POCUS POCUS POCUS<br/>(+Live Scanning)</b>  |   |  |  |  | MP-12<br>Moderated ePosters |  |
| 3:45 PM           |  |   |  |  |  |                             |  |
| 4:00 PM           |  |   |  |  |  |                             |  |
| 4:15 PM           |  |   |  |  |  |                             |  |
| 4:30 PM           |  |   |  |  |  |                             |  |
| 4:45 PM           |  |   |  |  |  |                             |  |
| 5:00 -<br>6:00 pm | <b>Session Adjournment and Free Time</b>   |   |  |  |  |                             |  |
| 6:00 -<br>9:00 PM | <b>TICKET</b><br>Special Event<br><b>Annual Meeting Celebration</b>  |   |  |  |  |                             |  |