



Main Meeting

Thursday, May 1, 2025

6:15 am 7:15 am Non-CME Ancillary Event by TBD (breakfast included)

7:00 am 7:45 am Registration and Breakfast in Foyer

7:45 am - 8:15 am Welcome and Opening Addresses

7:45 am Meeting Chair Welcome
8:00 am ASRA Pain Medicine Presidential Address

8:15 am - 9:45 am RC-01 Refresher Course: POCUS Horizons: From Present Insights to Future Directions

8:15 am Abstract # 1 TBD (Best of Meeting)
8:20 am GLP1 agonists drugs and Gastric Ultrasound for the Regional Anesthesiologist
8:35 am Beyond the Code: Easy POCUS Techniques for ACLS Success
8:50 am Hemodynamics for pre-op optimization and goal directed therapies
9:05 am VExUS and Beyond: Evaluating Perioperative Fluid Assessment to Precision Medicine
9:20 am Panel Discussion and Open Forum

9:45 am - 10:00 am Break and Refreshments in Foyer

10:00 am - 12:00 pm RC-02 Refresher Course: Together We Stand: Sister Societies session

10:00 am ASA Presidential Update
10:15 am ESRA update (5 min) and Can Regional Anesthesia reduce Persistent Post-Surgical Pain and improve functional reco
10:35 am LASRA update (5 min) and Leur lock devices in Regional anesthesia (15 min)
10:55 am AFSRA update (5 min) and Regional Anesthesia in Respiratory Pandemics: Key Lessons and Future Directions (15 m
11:15 am AOSRA-PM update and Is there a Role of Thoracic Segmental Spinal Anesthesia ? (15 min)
11:35 am Panel Discussion and Open Forum

12:00 pm - 1:30 pm Lunch On Own

1:30 pm 3:30 pm RC-03 Refresher Course: Enhancing outcomes through Precision and Innovation

1:30 pm Abstract #2 TBD (Best of Meeting)
1:35 pm How to use Artificial Intelligence to improve outcomes in Regional Anesthesia and Pain Medicine?
1:55 pm Does Regional Anesthesia affect cancer outcome? Current understanding
2:15 pm Peri-op Management of Patient with Complex Regional Pain Syndrome (CRPS)
2:35 pm When and How Regional Anesthesia Transforms Patient Experience/Outcomes?
2:55 pm Panel Discussion and Open Forum

3:30 pm - 3:45 pm Break and Refreshments in Foyer

3:45 pm - 5:15 pm RC-04 Refresher Course: Navigating Excellence: A breif update of recent ASRA [Pain Medicine](#) guidelines



3:45 pm	Abstract #3 TBD (Best of Meeting)
3:50 pm	Infection control guidelines update
4:05 pm	Anticoagulation guidelines update
4:20 pm	Buprenorphine guidelines update
4:35 pm	Cannabis guidelines update
4:50 pm	Panel Discussion and Open Forum

5:15 pm - 7:15 pm	Special Event Welcome Networking Reception and Exhibit Hall Grand Opening Free to all attendees, guest tickets \$30; 21 and over only
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Main Meeting

Friday, May 2, 2025

6:15 am - 7:15 am	ASRA Pain Medicine Morning Fun Run
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6:45 am - 7:30 am	Non-CME Ancillary Event by TBD (breakfast included)
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6:45 am - 7:30 am	Non-CME Ancillary Event by TBD (breakfast included)
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7:00 am - 8:00 am	Getting Started Breakfast, Exhibition, ePosters, ASRA Pain Medicine Chat Room
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8:00 am - 9:30 am	PS-01 Plenary Session: Regional Anesthesia Safety
8:00 am	Abstract #4 TBD (Best Abstract)
8:05 am	Beyond the Stage and Field: Decoding the Debate on Nerve Blocks for Professional Athletes and Musicians
8:20 am	Navigating Safely Through Peripheral Nerve Blocks to Prevent Neurological Complications
8:35 am	Debate: Mixing Local Anesthetics is the best of both worlds
8:50 am	Debate: Mixing Local Anesthetics is playing with fire
9:05 am	Panel Discussion and Open Forum

9:30 am - 10:15 am	Break in Exhibit Hall Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room
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10:15 am - 11:45 am	PS-02 Plenary Session: Cutting-Edge Innovations in Regional Anesthesia and Acute Pain Medicine
10:15 am	Abstract #5 TBD (President's Choice #1)
10:20 am	Beyond Boundaries: Charting Unexplored Territories in Neuraxial Ultrasound Imaging
10:35 am	Empowering Practitioners with Cryoneurolysis from science to practice
10:50 am	Role of Neurostimulation in Modern RA
11:05 am	Non-pharmacological interventions for acute pain (Music, acupuncture, aromatherapy and hypnosis)
11:20 am	Panel Discussion and Open Forum

12:15 pm - 1:00 PM	Non-CME Ancillary Events by TBD (lunch included)
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or	
11:45 am - 1:15 pm	Lunch On Own

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1:30 pm - 2:15 pm	Spec-01 Special Session:
1:30 pm	Special Speaker: How Artificial Intelligence Will Change Healthcare
2:00 pm	Q&A, Adjournment and Transition to Next Session

2:15 pm - 3:45 pm	PS-03 Plenary Session: Regional Anesthesia: Techniques, Management, and Innovations
2:15 pm	Abstract #6 TBD (Best Abstract - President's Choice #2)
2:20 pm	Best choice fascial plane blocks for abdominal surgeries
2:35 pm	Halting and Handling Rebound Pain after Peripheral Nerve Blocks
2:50 pm	Revolutionary Local Anesthetics on the Horizon
3:05 pm	Regional Anesthesia in Pediatric Deformities
3:20pm	Panel Discussion and Open Forum

3:45 pm - 4:30 pm	Break in Exhibit Hall
	Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room

4:30 pm - 6:00 pm	PS-04 Plenary Session: Controversies in Regional Anesthesia and Acute Pain
4:30 pm	Abstract #7 TBD (Best Abstract - President's Choice #3)
4:35 pm	Debate 1a: Opioid-free anesthesia is the way forward - Pro
4:50 pm	Debate 1b: Opioid-free anesthesia is the way forward - Con
5:05 pm	Panel Discussion and Open Forum
5:15 pm	Debate 2a: Spinal Anesthesia is the preferred technique for Lower Limb surgery - Pro
5:30 pm	Debate 2b: Spinal Anesthesia is the preferred technique for Lower Limb surgery - Con
5:45 pm	Panel Discussion and Open Forum

6:00 pm - 7:30 pm	Special Ancillary Event
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6:30 pm - 7:30 pm	Special Event
	Resident/Fellow and Fellowship Directors Meet and Greet
	Complimentary to residents/fellows and fellowship directors

Main Meeting

Saturday, May 3, 2025

6:45 am - 7:30 am	Non-CME Ancillary Event by TBD (breakfast included)
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6:45 am - 7:30 am	Non-CME Ancillary Event by TBD (breakfast included)
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7:00 am - 8:00 am	Getting Started
	Breakfast, Exhibition, ePosters, ASRA Pain Medicine Chat Room

8:00 am - 9:30 am	PS-05 Plenary Session: RAPM top papers session
08:00 am	Abstract #8 TBD (Best Abstract - Safety)
08:05 am	Top 2 Articles of 2024-25
08:20 am	Top 2 RAPM Articles that changed practice - Basic Science research translation into RAAPM
08:35 am	Top 2 RAPM Articles that changed practice - Pediatric RAAPM
08:50 am	Top 2 RAPM Articles that changed practice - Obstetric RAAPM

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09:05 am Panel Discussion and Open Forum

9:30 am - 10:15 am Break in Exhibit Hall

Refreshments, Exhibition, ePosters, ASRA Pain Medicine Chat Room

10:15 am - 11:45 am PS-06 Plenary Session: SOAP Panel

10:15 am Abstract #9 TBD (President's Choice #4)
 10:20 am Ideal labour analgesia technique: Is Dural Puncture Epidural the Answer?
 10:40 am Continuous vs. Intermittent vs. Patient-Controlled: Decoding the Best Epidural Infusion Approach for Labor Analgesia
 11:00 am Management of Pain during Cesarean Delivery
 11:20 am Post-Dural Puncture Headache Revisited
 11:35 am Panel Discussion and Open Forum

Special Event

12:00 pm - 1:30 pm Excellence in ASRA Pain Medicine Awards Luncheon

12:00 pm Buffet Lunch Service (lunch tickets: \$10 member, \$20 non-member)
 12:10 pm ASRA Pain Medicine Research Committee Update and Introductions
 12:15 pm Excellence In Education Award Recognition
 12:20 pm FASRA Award Recognition
 12:25 pm Presidential Scholar Award Recognition
 12:30 PM Distinguished Service Award Presentation
 12:35 pm Recognizing Outgoing Board and Pass the Gavel
 12:55 pm Introduction of Labatt Awardee
 1:00 pm Gaston Labatt Lecture
 1:30 pm Adjournment and Move to Next Session

1:45 pm - 3:15 pm PS-07 Plenary Session: High-Yield Regional Anesthesia and PoCUS Demo Delights

1:45 pm Abstract #10 TBD (President's Choice #5)
 1:50 pm Limelight on Limbs: Live Demo of Upper and Lower Limb Block Techniques
 2:05 pm Beyond the Back: Live Ultrasound Demo of Neuraxial and Paravertebral Techniques
 2:20 pm From Heart to Haste: Live Ultrasound Demo of Cardiac, Gastric, and FAST Scans
 2:35 pm Wall-to-Wall Wisdom: Live Demonstration of Thoracic and Abdominal Wall blocks
 2:50 pm Panel Discussion and Open Forum

3:15 pm - 3:30 pm Break and Refreshments in Foyer

3:30 pm - 5:30pm PS-08 Plenary Session: Controversies in Regional Anesthesia: Debates and Discussions

3:30 pm Debate 1a: Tegaderms are adequate for single-shot PNBs
 3:45 pm Debate 1b: Probe covers are essential for single-shot PNBs
 4:00 Panel Discussion and Open Forum
 4:15 pm Debate 2a: PVB is the preferred RA technique for thoracic surgery
 4:30 pm Debate 2b: ESP Block is the preferred RA technique for thoracic surgery
 4:45 pm Debate 2c: Epidurals are the preferred RA technique for thoracic surgery
 5:00 pm Panel Discussion and Open Forum
 5:20 pm Open Forum and Closing Remarks
5:30 pm - 7:00 pm Session Adjournment and Free Time

Special Event

6:00 pm 9:00 pm ASRA Pain Medicine Annual Meeting Celebration:

Tickets: \$75 member, \$100 non-member, \$30 children 9 & under



Problem Based Learning Discussions (PBLD) Run as Parallel Session All Three Days

1.00 Credit Each

Thursday 8:15-9:45 am

PBLD-01 Perioperative Buprenorphine: Management Tips and Tricky Situations

PBLD-02 Pediatric Blocks Every Anesthesiologist Should Be Familiar With

PBLD-03 TBD

PBLD-04 TBD

Thursday 10:00 am - 12:00 pm

PBLD-05 Multimodal Analgesic Regimen for Spine Surgery

PBLD-06 How to Harness Social Media to Advance your Academic Career

PBLD-07 Acute Pain Management in the Patient with SCS/IDDS

PBLD-08 Ketamine Keys: Unlocking Acute Pain Relief through Ketamine Infusions

Thursday 1:30 - 3:30 pm

PBLD-09 Visual Brilliance: Mastering the Art of Infographics

PBLD-10 How Do I Handle a Surgeon Who Is Absolutely Against Regional Anesthesia?

PBLD-11 TBD

PBLD-12 When and How should you Create a Transition Pain Service?

Thursday 3:45 - 5:15 pm

PBLD-13 Easy POCUS Techniques for ACLS Mastery

PBLD-14 Teaching the Teachers through Tech: How to Modernize Your Methods

PBLD-15 Strategies to improve hip fracture care in your hospital

PBLD-16 Regional Anesthesia Protocol for Rib Fracture Patients

Friday 8:00 - 9:30 am

PBLD-17 Epidural Analgesia Failures: Causes, Strategies, or Substitutes

PBLD-18 TXA Triumph: Elevating Patient Outcomes in High-Stakes Orthopedic Procedures

PBLD-19 TBD



PBLD-20 Preventing and Managing rebound pain after peripheral nerve blocks

Friday 10:15 - 11:45 am

PBLD-21 TBD

PBLD-22 Practical Recommendations on the Safe Use of IV Lidocaine for Postoperative Pain and Recovery

PBLD-23 Best Practice for Ambulatory Spinal Anesthesia

PBLD-24 How to Convince Cardiothoracic Surgeons to Embrace Regional Blocks

Friday: 2:15 - 3:45 pm

PBLD-25 Reducing the Environmental Impact of your Anesthetic Practice

PBLD-26 Choices & Transitions: Academic vs Private Practice

PBLD-27 Publish and Flourish – Mastering the Art of Successful Academic Publishing

PBLD-28 Navigating PNB Additives and Adjuncts in Modern Anesthesia

Friday 4:30 - 6:00 pm

PBLD-29 Developing a Competent Workforce: How to Empower Non-physicians Within Your Practice

PBLD-30 How to Craft Exceptional Educational Material and Videos

PBLD-31 The Art of Anesthesia in Breast Surgery: Customizing Care for Each Patient

PBLD-32 Fluidity in Focus: POCUS for Volume Assessment and Venous Congestion

Saturday: 8:00 - 9:30 am

PBLD-33 Adding Value: How APPs and RNs can Improve the Delivery of Pain Care within a Collaborative Practice

PBLD-34 TBD

PBLD-35 GLP-1 Agonists - Implications for Regional Anesthesia and the Role of Gastric Ultrasound

PBLD-36 TBD

Saturday 10:15-11:45 am

PBLD-37 Post-Dural Puncture Headache Management – What's New?

PBLD-38 Treating Surgical Pain with Peripheral Nerve Stimulation

PBLD-39 Managing a Regional Anesthesia Complication: Medical and Legal Strategies

PBLD-40 TBD

Saturday 1:45-3:45 pm

PBLD-41 When is General Anesthesia the Right Decision? Neurological Conditions to Avoid Regional Anesthesia

PBLD-42 Post-Cesarean Delivery Analgesia: When Intrathecal Opioids Aren't the Option

PBLD-43 What is the best technique for initiating labour analgesia: Epidural, DPE, or CSE?



Ask the Experts Interactive Sessions Friday, May 2, 2025

8:00 am	9:30 am	IS-01 Ask the Experts Interactive Session: Show Me the Money: Financial Strategies for Regional Anesthesia Excellence
		Return on investment (ROI) of implementing regional anesthesia techniques and technologies Bill Smart, Get Paid: Best Practices for Billing and Reimbursement Claims Building a Compelling Case for Acute Pain Management and Transitional Pain Services Navigating the Negotiation Table: Strategies for Successful Contract Talks with Hospital Administration
10:15 am	11:45 am	IS-02 Ask the Experts Interactive Session: Regional Anesthesia Education Potpourri
		Are Kids Small Adults? Navigating Training in Pediatric Anesthesia A First hand Account of Regional Anesthesia Virtual Learning Simulation training: Lessons Learned from Anesthesia's Tough Moments Which types of PNBs should be included in residency training programs
2:15 pm	3:45 pm	IS-03 Ask the Experts Interactive Session: Seeing is Believing POCUS Case based discussions.
		PoCUS for Preop/PACU PoCUS for Obstetrics PoCUS for Trauma PoCUS for Ambulatory
4:30 pm	6:00 pm	IS-04 Ask the Experts Interactive Session: Beyond the Needle: Crucial Skills for Modern Physicians
		Mastering Moderation: A Guide on How to Moderate a Session Effectively Allyship Unveiled: A Practical Guide to Inclusive Practices Empowering Futures: Mentorship and Sponsorship for Career Advancement Networking Ninja: Skills and Strategies for Professional Success

Ask the Experts Interactive Sessions Saturday, May 3, 2025

8:00 am	9:30 am	IS-05 ASRA Chronicles: Tracing the Tapestry of ASRA Pain Medicine
		The First 50 Years The 1970s The 1980s The 1990s ASRA Pain Medicine in the 21st Century
10:15 am	11:45 am	IS-06 A Hocus Pocus Interactive Extravaganza
		Volume Status Assessment tips and tricks Basic Echocardiography (FoCUS) Trauma Evaluation (eFAST Exam): Getting started with Gastric Ultrasound
2:15 pm	3:45 pm	IS-07: Handling Regional Anesthesia Complications
		Neurological complications

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Infectious complications
Hemorrhagic complications
Case Studies and Lessons Learned

4:30 pm - 6:00 pm IS-08: Latest on PROSPECT Guidelines
Hip Fracture Repair Surgery
Colorectal Surgery
Video-Assisted Thoracoscopic Surgery
American Perspective on PROSPECT



Workshops

Thursday, May 1, 2025

(additional fee, physicians only)

8:15 am - 12:00 pm Morning Workshop Coordinator

8:15 am - 9:45 am WS-01 Hands On Workshop
Blocks for Shoulder/Clavicle/Humerus + Gastric scanning

(Interscalene / Superior trunk / clavipectoral fascia block / phrenic-sparing blocks e.g. suprascapular, axillary) _ Gastric Scanning

8:15 am - 9:45 am WS-02 Hands On Workshop + Gastric scanning
Abdominal and Vascular POCUS

Gastric, FAST, Urinary bladder and DVT

10:00 am - 12:00 pm WS-03 Hands-on Workshop
US-Guided Cryoneurolysis and Peripheral Nerve Stimulation

(Trauma / burns / skin grafts / limb amputations. Intercostal / LFCN / Genicular / UL & LL nerves)

10:00 am - 12:00 pm WS-04 Hands-On Workshop
CARCIAC POCUS workshop for Regional Anesthesiologists

Parasternal, 4 chamber, Subcostal and IVC views

1:30 pm - 5:15 pm Afternoon Workshop Coordinator

1:30 pm - 3:30 pm WS-05 Hands on Workshop
Blocks for Abdominal Surgery

(Thoracic epidural, PVB/ITP, lateral QL/TAP/external oblique int plane, rectus sheath/II-IH)



1:30 pm - 3:30 pm	WS-06 Hands on Workshop Neuraxial and Paraneuraxial Blocks
	(Thoracic epidural and paravertebral simulator, ultrasonography of the spine, thoracic paravertebral, ESP, ITP and other paraneuraxial blocks)
3:45 pm - 5:15 pm	WS-07 Hands On Workshop Blocks for Elbow/Forearm/Hand
	(Forearm blocks, Cutaneous nerves of the forearm, Brachial plexus (supraclavicular, axillary BP, infraclavicular, costoclavicular, RAPTIR)
3:45 pm - 5:15 pm	WS-08 Hands on Workshop Blocks for Hip Surgery and Trauma
	(Suprainguinal and infrainguinal fascia iliaca, PENG; femoral, LFCN, obturator nerves, lumbar ESP, (lumbar plexus)

Workshops
Friday, May 2, 2025
(additional fee, physicians only)

8:00 am - 12:15 pm	Morning Workshop Coordinator
8:00 am - 9:30 am	WS-09 Hands On Workshop Blocks for Hip Surgery and Trauma + Gastric scanning
	(Suprainguinal and infrainguinal fascia iliaca, PENG; femoral, LFCN, obturator nerves, lumbar ESP, (lumbar plexus) + Gastric Scanning)
8:00 am - 9:30 am	WS-10 Hands On Workshop Blocks for Knee/Ankle/Foot + Gastric scanning
	Sciatic neve block (popliteal, lateral mid-femur), saphenous and vastus medialis nerves at adductor canal/femoral triangle; genicular blocks, ultrasound guided ankle block + Gartric Scanning



10:15 am	12:15 pm	<p>WS-11 Hands On Workshop Neuraxial and Paraneuraxial Blocks</p> <hr/> <p>(Thoracic epidural and paravertebral simulator, ultrasonography of the spine, thoracic paravertebral, ESP, ITP and other paraneuraxial blocks)</p>
10:15 am	12:15 pm	<p>WS-12 Hands On Workshop POCUS - Basic Cardiac FATE Exam</p> <hr/> <p>Parasternal, 4 chamber, Subcostal and IVC views</p>
2:15 pm -	6:00 pm	Afternoon Workshop Coordinator
2:15 pm -	3:45 pm	<p>WS-13 Interactive Demonstration Workshop "Ask Me Anything" - Expert Tips & Tricks for Challenging Scenarios</p> <hr/>
2:15 pm -	3:45 pm	<p>WS-14 Hands On Workshop Blocks for Spine Surgery and Acute Back Pain</p> <hr/> <p>(ESP / TLIP / cervical spine / PVB / retrolaminar blocks)</p>
4:30 pm	6:00 pm	<p>WS-15 Hands On Workshop Blocks for Chest Wall: Breast/Thoracic/Cardiac</p> <hr/> <p>(Thoracic epidural, TPVB/ITP, serratus plane/PECS/parasternal)</p>
4:30 pm -	6:00 pm	<p>WS-16 Hands On Workshop Blocks for Shoulder/Clavicle/Humerus</p> <hr/> <p>(Interscalene / Superior trunk / clavipectoral fascia block / phrenic-sparing blocks e.g. suprascapular, axillary)</p>



Workshops

Saturday, May 3, 2025

(additional fee, physicians only)

8:00 am - 11:45am Morning Workshop Coordinator

8:00 am - 10:00 am WS-17 Hands-on Workshop
CARCIAC POCUS workshop

Parasternal, 4 chamber, Subcostal and IVC views

8:00 am - 10:00 am WS-18 Hands-on Workshop + Gastric scanning
Fundamental Ultrasound-Guided Peripheral Nerve Blocks and Skills

Gastric Scanning, Upper extremity (supra, axillary), lower extremity (femo/pop/add canal), chest wall (PECS, serratus plane, parasternal), +/- abdomen (TAP/rectus sheath)

10:15 am - 11:45 am WS-19 Hands-on Workshop
Blocks for Chest Wall: Breast/Thoracic/Cardiac

(Thoracic epidural, TPVB/ITP, serratus plane/PECS/parasternal)

10:15 am - 11:45 am WS-20 Hands-On Workshop
Abdominal and Vascular POCUS

Gastric, FAST, Urinary bladder and DVT

1:45 pm - 3:45 pm Afternoon Workshop Coordinator

1:45 pm - 3:15 pm WS-21 Hands-On Workshop
Blocks for Abdominal Surgery

(Thoracic epidural, PVB/ITP, lateral QL/TAP/external oblique int plane, rectus sheath/II-IH)



1:45 pm

3:15 pm

WS-22 Hands-On Workshop:
Transplant and Vascular Block Pack

EOI, SAP block, PVB/ESP, TAP/ QLB +/- Brachial plexus block for AVF